Share a selfie on how you're adjusting to virtual learning!

Click on video submission form for the questions that we would like you to answer. And see tips for doing selfie videos on a smart phone below.

Getting Started

- Find a quiet, well-lit space with a simple background. Reduce background noises as much as possible. Use overhead and natural light to reduce shadows.
- Prepare your phone to avoid disruptions or needed to re-record
- Ensure you have enough storage
- Turn on airplane / do not disturb mode
- Clean the camera lens
- Stabilize your phone. Lean the phone on a steady surface, such as your open laptop. Raise the surface to avoid needing to look down at your phone.
- Always shoot in landscape/horizontal mode. Portrait or vertical mode is only preferable for Instagram!

Filming

- Press record wait a few seconds, and then start speaking. Wait a few more seconds after you’re done to stop the recording. This ensures you start and end with a smile!
- Talk to the camera as if you’re talking to a person. Look at the camera, gesture as normal, use notes if you need to!